**24**Do you not know that in a race all the runners run, but only one receives the prize? So run that you may obtain it.

**25**Every athlete exercises self-control in all things. They do it to receive a perishable wreath, but we an imperishable.

**26**So I do not run aimlessly; I do not box as one beating the air.

**27**But I discipline my body and keep it under control,] lest after preaching to others I myself should be disqualified.

[The Panathenaic Olympic Stadium -1896 – Athens, Greece]



