**1** I appeal to you therefore, brothers, by the mercies of God, to present your bodies as a living sacrifice, holy and acceptable to God, which is your spiritual worship. **2** Do not be conformed to this world, but be transformed by the renewal of your mind, that by testing you may discern what is the will of God, what is good and acceptable and perfect. (ESV)

**Other Translations of verse one:**

**Greek**: Parakalō [oun](http://studylight.org/lex/grk/view.cgi?number=3767) [hymas](http://studylight.org/lex/grk/view.cgi?number=5209) [adelphoi,](http://studylight.org/lex/grk/view.cgi?number=80) [dia](http://studylight.org/lex/grk/view.cgi?number=1223) [ton](http://studylight.org/lex/grk/view.cgi?number=3588) [oiktirmon](http://studylight.org/lex/grk/view.cgi?number=3628) [tou](http://studylight.org/lex/grk/view.cgi?number=3588) [theou,](http://studylight.org/lex/grk/view.cgi?number=2316)
 I exhort therefore you brothers through the mercies (compassions) of God

[parastesai](http://studylight.org/lex/grk/view.cgi?number=3936) [ta](http://studylight.org/lex/grk/view.cgi?number=3588) [somata](http://studylight.org/lex/grk/view.cgi?number=4983) [hymon](http://studylight.org/lex/grk/view.cgi?number=5216) [thysian](http://studylight.org/lex/grk/view.cgi?number=2378) [zosan](http://studylight.org/lex/grk/view.cgi?number=2198) h[agian](http://studylight.org/lex/grk/view.cgi?number=40) [to](http://studylight.org/lex/grk/view.cgi?number=3588) [theo](http://studylight.org/lex/grk/view.cgi?number=2316) [euareston](http://studylight.org/lex/grk/view.cgi?number=2101) [ten](http://studylight.org/lex/grk/view.cgi?number=3588)
to present the bodies of you a sacrifice living holy to God well-pleasing which is

[logiken](http://studylight.org/lex/grk/view.cgi?number=3050) [latreian](http://studylight.org/lex/grk/view.cgi?number=2999) [hymon](http://studylight.org/lex/grk/view.cgi?number=5216)
reasonable service of you

**(KJV):** I beseech you therefore, brethren, by the mercies of God, that ye present your bodies a living sacrifice, holy, acceptable unto God, which is your reasonable service.

**(NASB):** Therefore I urge you, brothers *and sisters*, by the mercies of God, to present your bodies as a living and holy sacrifice, acceptable to God, *which is* your spiritual service of worship.

**(Legacy Standard Bible – LSB 2021):** Therefore I exhort you, brothers, by the mercies of God, to present your bodies as a sacrifice—living, holy, *and* pleasing to God, *which is* your spiritual service of worship.

**(NIV – 1984):** Therefore, I urge you, brothers, in view of God's mercy, to offer your bodies as living sacrifices, holy and pleasing to God--this is your spiritual act of worship.

**(NIV – 2011):** Therefore, I urge you, brothers and sisters, in view of God’s mercy, to offer your bodies as a living sacrifice, holy and pleasing to God—this is your true and proper worship.

**(Living Bible):** And so, dear brothers, I plead with you to give your bodies to God. Let them be a living sacrifice, holy—the kind he can accept. When you think of what he has done for you, is this too much to ask?